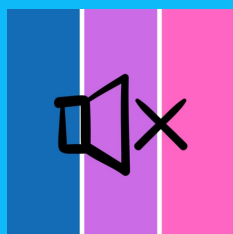


4 WAYS TO CALL IN RACISM.

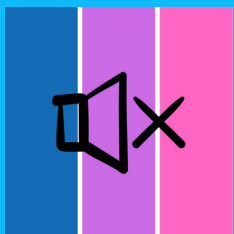
#MakeAustraliaSafer



PROTECT YOUR FRIENDS DON'T BE RACIST

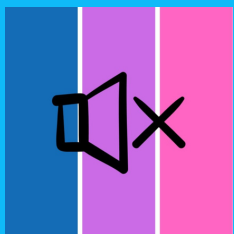
1. Comfort your friends without being dismissive

It can sometimes be hard to understand what someone is going through when you might not share the same experiences.



But if someone shares their experience of racism, it's important to validate that experience and how they might be feeling, as well as ask them how you can best support them.

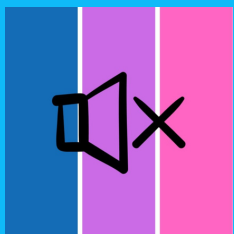
If they're unsure you can suggest support services, ask them if (and how) they'd like to resolve the issue and/or if they just need a listening ear.



PROTECT YOUR FRIENDS DON'T BE RACIST

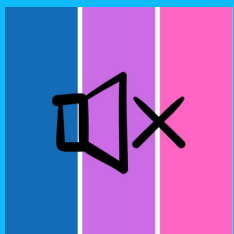
2. Have that difficult conversation

Australia is a nation of casual and everyday racism. More often than not, when someone makes a joke or an off comment they might not realise the impact it's having or the offence it may cause.



Depending on your relationship with the person it may be beneficial to have a conversation with them in a compassionate way.

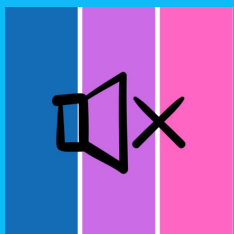
Talk through why that joke may be harmful to POC and Bla(c)k people. These conversations can be difficult, but are necessary in order to challenge people's unconscious and/or racist bias.



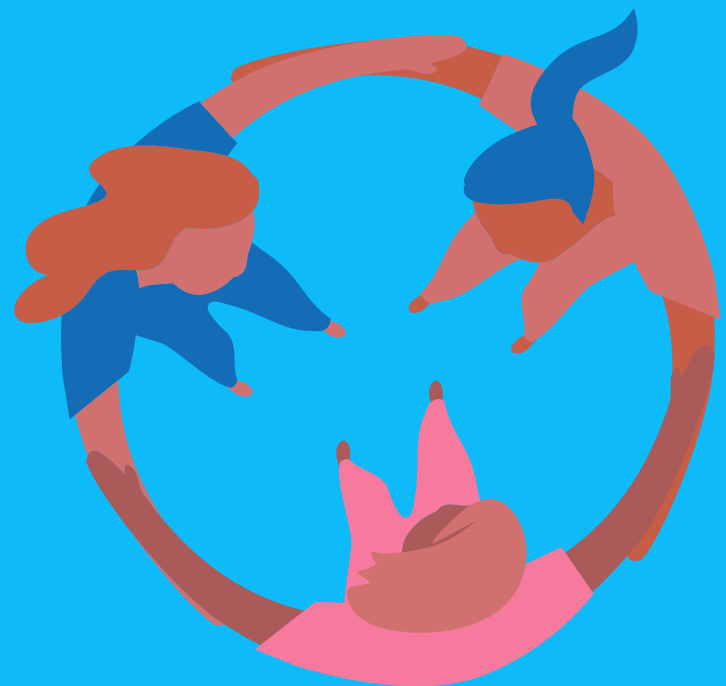
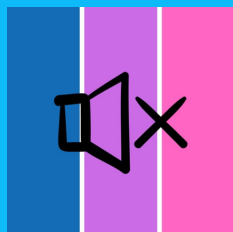
PROTECT YOUR FRIENDS DON'T BE RACIST

3. Elevate the voices of POC

POC and Bla(c)k people often have to fight to have a seat at the table, and even so, their voices might get censored or they aren't listened to when they speak up.



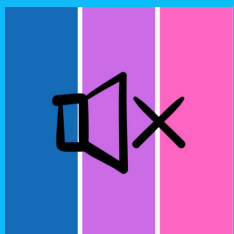
So, elevating their voices is crucial. This can include actions such as sharing their posts or spreading the work they do through word of mouth, referring them for opportunities as well as investing your time and resources into the work that they do.



PROTECT YOUR FRIENDS DON'T BE RACIST

4. Don't ask POC for their emotional labour: educate yourself

Educating other people about your lived experiences can be exhausting work and there are many POC and Bla(c)k people who have created numerous resources to share with their communities and allies.



It's up to you to diversify your feed to gain perspective on other narratives, research different issues that might not affect you and listen to those most directly affected.

